MINISTRY OF TRADE
INDUSTRIAL UNIVERISTY OF
HO CHI MINH CITY

Socialist Republic of Vietnam
Independence – Freedom – Happiness

Ho Chi Minh City, 11th November, 2025

SUMMARY SDG 3

The Industrial University of Ho Chi Minh City (IUH) actively supports SDG 3 by promoting health and well-being across students, staff, and the wider community. In terms of healthcare education, IUH's Faculty of Chemical Technology ensures that health-related programs maintain high standards, with a graduation rate of over 80% for students completing healthcare-related courses on time. This reflects the University's dedication to preparing a skilled and reliable workforce to contribute to local and national healthcare needs.

IUH engages in extensive collaboration with healthcare organizations to improve health outcomes and student well-being. Notably, the University partners with local, national, and international institutions, exemplified by the "Healthy and Happy Every Day" initiative, which provides guidance on green nutrition, digestive health, and practical strategies for maintaining a balanced diet. IUH has also maintained a formal partnership with Military Hospital 175 since 2017, demonstrating long-term commitment to enhancing healthcare services and cooperation with professional medical institutions.

The University actively implements community health outreach programs to promote wellness beyond the campus. Through initiatives such as IUH Spreads Love, lecturers and students from the Faculty of Foreign Languages volunteer in Dong Nai, providing support to disadvantaged communities, including orphans, children with disabilities, and the elderly, while integrating environmental education through tree planting and conservation activities. Additionally, IUH's Sports Festival 2025 fostered healthy living and wellness by engaging students and community members in activities that emphasized physical exercise, nutrition, and the promotion of green lifestyle practices.

IUH ensures access to physical activity by sharing its sports facilities with local schools and community groups at least twice a year, promoting healthy habits and fostering engagement in physical exercise. For reproductive and sexual health, the University provides students with both in-person and online guidance, including support for medical registration, health insurance, and annual check-ups, ensuring that students have reliable access to essential health services. Mental health support is also a priority, with IUH offering psychological counseling at least once a week and organizing workshops and awareness campaigns to foster emotional well-being, such as the 2025 Health Consultation Program for Female Students.

Finally, IUH has implemented a comprehensive smoke-free campus policy, ensuring that more than 80% of the campus is designated smoke-free, with clearly marked smoking areas complying with safety regulations. Through these initiatives, IUH demonstrates its commitment to fostering

a healthy, safe, and supportive environment, aligning its operations with SDG 3 and contributing to the overall health and well-being of its students, staff, and surrounding communities.

Improvement and Expansion Plan (2026–2030) for SDG 3

From 2026 to 2030, IUH plans to expand and enhance its contributions to SDG 3 through a combination of health education, wellness services, community engagement, and preventive health initiatives. The University will strengthen healthcare-related programs by introducing specialized courses and certifications in nutrition, public health, and wellness management, preparing graduates to address emerging health challenges at local, national, and global levels. Partnerships with hospitals, healthcare organizations, and international institutions will be deepened, fostering collaborative research, training programs, and knowledge exchange to improve overall health outcomes.

IUH will scale up its community health outreach initiatives, providing more workshops, volunteer programs, and health awareness campaigns across urban and rural areas. Sports and recreational facilities will be further expanded and made more accessible to the public, with regular wellness events and open days promoting exercise, healthy lifestyles, and inclusive participation for all age groups. The University also aims to enhance reproductive and sexual health services, mental health support, and counseling programs for students and staff, integrating digital platforms to increase accessibility and engagement.

To foster a healthier campus environment, IUH will continue enforcing smoke-free policies while introducing campaigns on healthy nutrition, sustainable lifestyle choices, and preventive care. Annual health assessments and monitoring systems will be implemented to track student and staff well-being, evaluate the effectiveness of health programs, and inform continuous improvement. Through these efforts, IUH aspires to position itself as a model institution for holistic health promotion, community-centered wellness, and inclusive access to health resources, fully aligned with the goals of SDG 3.

Conclusion

Through its comprehensive programs and initiatives, the Industrial University of Ho Chi Minh City (IUH) demonstrates a strong commitment to promoting health and well-being for students, staff, and the wider community. By maintaining high standards in healthcare education, fostering partnerships with medical institutions, implementing extensive community outreach, providing accessible physical, mental, and reproductive health services, and ensuring a safe, smoke-free campus, IUH actively supports SDG 3. Looking ahead, the University's planned improvements and expansions for 2026–2030 will further strengthen its role as a leader in holistic health promotion, community engagement, and inclusive access to wellness resources, ensuring sustained impact on individual and community health outcomes.