Industrial University of Ho Chi Minh City

SDG 03
GOOD HEALTH AND WELL-BEING

IUH RANKINGS MANAGEMENT

SDG 3

GOOD HEALTH AND WELL-BEING

SỨC KHỎE VÀ HẠNH PHÚC

THE Sustainability Impact Ratings 2027

Data year	Metrics	Indicators
2025	2	8

IUH contributes to better health and quality of life through health-related education, partnerships with healthcare institutions, community health programmes, and a safe and healthy learning and working environment.













PEACE GROUP

SDG Working Group • 7 members



Ong Mẫu Dũng

GROUP LEADER

Vice Dean · Faculty of Electronics Technology



Nguyễn Thị Hoàng Yến

MEMBER · DEPUTY HEAD

Office of Finance and Accounting



Nguyễn Ngọc Tuấn

MEMBER · LECTURER

Faculty of Health Sciences



Cù Thị Thúy Lan

MEMBER · SPECIALIST

Office of Political Affairs and Student Support



Nguyễn Lê Thùy Trâm

MEMBER · SPECIALIST

Academic Affairs Office



Nguyễn Khắc Bảo Duy

MEMBER · SPECIALIST

Office of Testing and Quality assurance



Nguyễn Đình Mai Thy

MEMBER · SPECIALIST

Office of Testing and Quality Assurance

Industrial University of Ho Chi Minh City

NHÓM 3.2 – NUMBER GRADUATING IN HEALTH PROFESSIONS

SDG 03 GOOD HEALTH AND WELL-BEING

3.2 Graduates in health professions

Tỷ lệ sinh viên tốt nghiệp ngành y tế

ACTION PLAN

Strategic Thrust	Integrated KPIs / PIs	Implementation Activities	Expected Results	Implementing Units	Implementation Timeline
Thrust 1: Pioneering in Education and Research	Standardize university-wide data; Headcount statistics of graduates by ISCED	Extract, reconcile, and standardize database of graduate numbers (Headcount) in health sciences and allied health fields for 2024 following THE subject mapping guidelines	Standardized statistical report: total university graduates (Headcount) and health sciences graduates (Headcount) in 2024; Archived supporting documents submitted to THE portal	Office of Academic Affairs, Institute of International Training and Graduate Studies, Office of Testing and Quality Assurance	Q2 – Q4 2025
Thrust 1: Pioneering in Education and Research	Strengthen training cooperation and internships at enterprises/hospitals (% employer satisfaction of internship)	Expand cooperation network and sign practical internship agreements for Pharmacy and Biomedical Engineering students at hospitals, medical centers, and pharmaceutical testing institutes	Memoranda of Understanding (MOU) on receiving clinical interns; Report assessing healthcare facilities' satisfaction with IUH students' practical competence	POffice of Research Management and International Cooperation, Office of Testing and Quality Assurance	Q1 – Q4 2025
Thrust 1: Pioneering in Education and Research	Implement project-based graduation theses (Capstone projects); Conduct applied biomedical research	Orient and assign advisors for graduation theses/projects focusing on pharmaceutical formulation research, bioactive compound analysis, and applied biomedical devices	List of graduation thesis topics in healthcare, pharmaceuticals, and biomedical technology; Decision establishing thesis defense committees	Office of Academic Affairs, Institute of International Training and Graduate Studies, Specialized Faculties/Institutes	Q2 & Q4 2025

Industrial University of Ho Chi Minh City

NHÓM 3.2 – NUMBER GRADUATING IN HEALTH PROFESSIONS

SDG 03
GOOD HEALTH AND WELL-BEING

3.2 Graduates in health professions

Số lượng sinh viên tốt nghiệp ngành y tế

DỮ LIỆU CẦN THU THẬP

Dữ liệu	Giá trị
3.2.1 Number of graduates Số lượng sinh viên tốt nghiệp	9,007
3.2.2 Number of graduates in health professions Số lượng sinh viên tốt nghiệp ngành y tế	928

Industrial University of Ho Chi Minh City

NHÓM 3.3 – COLLABORATIONS AND HEALTH SERVICES

SDG 03 GOOD HEALTH AND WELL-BEING

3.3.1 Current collaborations with health institutions

Hợp tác hiện hành với các tổ chức y tế.

ACTION PLAN

Strategic Thrust	Integrated KPIs / PIs	Implementation Activities	Expected Results	Implementing Units	Implementation Timeline
Thrust 2: Promoting Connectivity for Community Service	Number of partnerships and collaborations with external organizations, authorities, and communities	Maintain and sign cooperation agreements (MOU) with district-level hospitals and HCMC Department of Health on school health checkups, first-aid training, and on-site disease screening	Local-level Memoranda of Understanding (MOU); School health coordination plan; Report on periodic health checkup results for students and staff	Office of Political Affairs and Student Support, Office of Research Management and International Cooperation	Q1 – Q4 2025
Thrust 1: Pioneering in Education and Research	Domestic cooperation in education and strategic research	Sign national-level strategic cooperation agreements with specialized research institutes (Pasteur Institute in HCMC, National Institute of Drug Quality Control) on scientific research and biological activity testing	National-level cooperation memoranda (MOU); Contracts for joint biomedical and pharmaceutical research projects; Proceedings of joint thematic health conference	Office of Research Management and International Cooperation, Specialized Faculties/Institutes	Q2 – Q3 2025
Thrust 1 & Thrust 2: Pioneering in Education & Community Connection	Strengthen international cooperation; Joint scientific publications (% international collaboration)	Promote international research cooperation with reputable medical and pharmaceutical universities and health institutes in the region (Taiwan, South Korea, Japan) on developing biosensor technology and pharmacology	International cooperation agreements (International MOU); Progress reports on joint research projects; International collaborative scientific articles published in Scopus Q1/Q2 journals	Office of Research Management and International Cooperation, Specialized Faculties/Institutes	Year 2025

Industrial University of Ho Chi Minh City

NHÓM 3.3 – COLLABORATIONS AND HEALTH SERVICES

SDG 03 GOOD HEALTH AND WELL-BEING

3.3.1 Current collaborations with health institutions

Hợp tác hiện hành với các tổ chức y tế.

EVIDENCE OF ACTIVITIES



1

Article Title

Cooperation Agreement Signing Ceremony between Industrial University of Ho Chi Minh City (IUH) and Military Hospital 175

Article link

https://iuh.edu.vn/vi/tin-tuc/le-ky-ket-hop-tac-toan-dien-giua-truong-dai-hoc-cong-nghiep-tp-ho-chi-minh-voi-benh-vien-quan-y-175-792.html

Activity description *(under 200 words)*

In 2025, Industrial University of Ho Chi Minh City (IUH) maintained its healthcare partnership with Military Hospital 175, established in 2017, to support students, lecturers and staff. The cooperation provided access to annual health examinations, medical consultations and professional healthcare services, complemented by IUH's on-campus Medical Unit offering first aid, initial care and referrals when necessary. This arrangement strengthened access to healthcare within the university environment, helping beneficiaries address health concerns, obtain professional advice and access further medical assessment when required. By connecting university-based healthcare support with a specialised national hospital, IUH strengthened preventive healthcare provision and contributed to a safer learning and working environment, supporting SDG 3.



2

Article Title

Health Check-ups for Staff and Employees at IUH's Quang Ngai Branch Campus in 2025

Article link

https://qn.iuh.edu.vn/thong-tin-hoat-dong-cong-doan/kham-suc-khoe-can-bo-vien-chuc-nguoi-lao-dong-tai-phan-hieu-quang-ngai-nam-2025/

Activity description *(under 200 words)*

In 2025, Industrial University of Ho Chi Minh City (IUH), through its Trade Union, collaborated with Military Hospital 175 to organise periodic health examinations for lecturers, administrative personnel and employees at its Quang Ngai Campus. The programme combined biological sample collection at the campus library with subsequent medical examinations and individual consultations at the Quang Ngai Provincial Military Command infirmary. This two-stage arrangement reduced travel inconvenience and enabled employees to access professional health screening and personalised explanations of their medical results. By facilitating early awareness of potential health concerns and encouraging appropriate medical follow-up, the programme strengthened preventive healthcare access and promoted employee well-being, contributing directly to SDG 3.



3

Article Title

Nutrition Communication Programme at Gia Dinh People's Hospital: Vegetarian Diets for the Prevention and Treatment of Chronic Diseases

Article link

https://ibf.iuh.edu.vn/khong-phan-loai/chuong-trinh-truyen-thong-dinh-duong-tai-benh-vien-nhan-dan-gia-dinh-voi-chu-de-che-do-an-chay-giup-du-phong-va-dieu-tri-benh-man-tinh/

Activity description *(under 200 words)*

On 27 September 2025, Industrial University of Ho Chi Minh City (IUH) nutrition students participated in a community health education programme organised with Gia Dinh People's Hospital, continuing a six-year professional relationship. The programme brought together hospital physicians, nutrition specialists and IUH students to discuss vegetarian diets and nutritional approaches to chronic disease prevention and management. Community participants gained access to professional guidance on dietary choices and health-related nutritional risks, supporting more informed decisions and discussions with healthcare professionals. Meanwhile, IUH students strengthened their understanding of clinical nutrition, patient communication and practical health education through direct engagement with hospital specialists. This collaboration enhanced community health awareness and practical nutrition education, contributing to SDG 3.

Industrial University of Ho Chi Minh City

NHÓM 3.3 – COLLABORATIONS AND HEALTH SERVICES

SDG 03 GOOD HEALTH AND WELL-BEING

3.3.1 Current collaborations with health institutions

Hợp tác hiện hành với các tổ chức y tế.

EVIDENCE OF ACTIVITIES



4

Article Title

Seminar at University Medical Center Ho Chi Minh City

Article link

https://ibf.iuh.edu.vn/dinh-duong-va-kh-thuc-pham/hoi-thao-tai-benh-vien-dai-hoc-y-duoc-tphcm/

Activity description *(under 200 words)*

In March 2025, Industrial University of Ho Chi Minh City (IUH) lecturers and nutrition students participated in two hospital-based kidney health education programmes at University Medical Center Ho Chi Minh City and Gia Dinh People's Hospital. The sessions addressed chronic kidney disease risk factors, warning signs, prevention and nutrition management, including dietary considerations for patients with kidney conditions. Patients and family members gained opportunities to obtain reliable guidance from medical specialists, improve their understanding of kidney health and make more informed decisions about seeking medical advice and managing dietary needs. IUH students also gained practical exposure to multidisciplinary healthcare and patient education. These engagements strengthened community health awareness and evidence-informed nutrition education, contributing to SDG 3.

Industrial University of Ho Chi Minh City

NHÓM 3.3 – COLLABORATIONS AND HEALTH SERVICES

SDG 03 GOOD HEALTH AND WELL-BEING

3.3.2 Health outreach programmes

Các chương trình chăm sóc và nâng cao sức khỏe cộng đồng.

ACTION PLAN

Strategic Thrust	Integrated KPIs / PIs	Implementation Activities	Expected Results	Implementing Units	Implementation Timeline
Thrust 2: Promoting Connectivity for Community Service	Number of community service activities/campaigns; Number of project beneficiaries (No. of communities serviced)	Organize humanitarian medical examinations, free medicine distribution, and health care welfare gifts for the elderly and policy beneficiary families in suburban districts and remote areas	Campaign plan; List of residents receiving medical examinations and free medicine; Thank-you letters from local authorities; Public media articles	Youth Union, IUH Labour Union	Q2 & Q3 2025
Thrust 2: Promoting Connectivity for Community Service	Strengthen educational activities to raise community awareness	Organize series of workshops and community communication seminars on proper nutrition for preventing chronic diseases (diabetes, cardiovascular disease), food safety, and school health care	Organization plan; Communication materials; List of participating residents; Public media reports on university website	Center for Information and Communication	Q2 – Q4 2025
Thrust 2: Promoting Connectivity for Community Service	Teaching and learning based on community service principles (Community service-based learning)	Students in Environmental Technology and Chemistry carry out project on rapid testing of borehole well water and guide households in treating domestic water to prevent intestinal diseases	Community service project acceptance report; Water sample test results table; Handover record of water treatment solution to locality	Youth Union, Specialized Faculties/Institutes	Q3 2025

Industrial University of Ho Chi Minh City

NHÓM 3.3 – COLLABORATIONS AND HEALTH SERVICES

SDG 03 GOOD HEALTH AND WELL-BEING

3.3.2 Health outreach programmes

Các chương trình chăm sóc và nâng cao sức khỏe cộng đồng.

EVIDENCE OF ACTIVITIES



Article Title 1

School Nutrition Communication Programme at Le Van Tho Primary School: Nutrition for the Prevention of Obesity and Stunting

Article link

https://ibf.iuh.edu.vn/dinh-duong-va-kh-thuc-pham/truyen-thong-dinh-duong-hoc-duong-%F0%9F%8C%B1-%F0%9F%93%8D-tai-truong-tieu-hoc-le-van-tho-%E2%9C%A8-dinh-duong-phong-chong-beo-phi-va-suy-dinh-duong-thap-coi-%E2%9C%A8/

Activity description *(under 200 words)*

On 15 December 2025, Industrial University of Ho Chi Minh City (IUH), through its Department of Nutrition and Food Science, collaborated with Le Van Tho Primary School to deliver nutrition education for primary-school children. The programme mobilised three lecturers and 14 students to provide guidance on childhood obesity, stunting prevention, balanced meals and physical activity. Through age-appropriate educational activities, children gained practical knowledge about healthy food choices, physical activity and healthy growth. Teachers also received additional information to support nutrition awareness within the school environment. By addressing both excessive weight gain and insufficient growth, IUH extended preventive health education to schoolchildren and supported healthier lifestyle awareness from an early age, contributing to SDG 3.



Article Title 2

Report on Participation in the Nutrition Communication Programme for World Kidney Day on 30 March 2025

Article link

https://ibf.iuh.edu.vn/dinh-duong-va-kh-thuc-pham/bao-cao-tham-du-buoi-truyen-thong-dinh-duong-nhan-ngay-benh-than-the-gioi-30-3-2025/

Activity description *(under 200 words)*

In March 2025, Industrial University of Ho Chi Minh City (IUH), through its Department of Nutrition and Food Science, participated in two hospital-based kidney health education programmes at University Medical Center Ho Chi Minh City and Gia Dinh People's Hospital. The sessions addressed kidney disease risk factors, warning signs, prevention and nutritional management, including dietary considerations involving sodium, protein, potassium and phosphorus. Patients and family caregivers gained opportunities to access professional health information, better understand disease-related nutritional needs and recognise the importance of medical monitoring and follow-up. IUH lecturers and students also engaged with healthcare professionals, gaining practical exposure to patient-centred communication and multidisciplinary clinical practice. These activities strengthened community awareness of kidney disease prevention and appropriate nutrition, contributing to SDG 3.



Article Title 3

Nutrition Communication Programme at Gia Dinh People's Hospital: Vegetarian Diets for the Prevention and Treatment of Chronic Diseases

Article link

https://ibf.iuh.edu.vn/khong-phan-loai/chuong-trinh-truyen-thong-dinh-duong-tai-benh-vien-nhan-dan-gia-dinh-voi-chu-de-che-do-an-chay-giup-du-phong-va-dieu-tri-benh-man-tinh/

Activity description *(under 200 words)*

On 27 September 2025, Industrial University of Ho Chi Minh City (IUH) nutrition students participated in a community health education programme at Gia Dinh People's Hospital focusing on vegetarian diets for chronic disease prevention and management. The programme brought together medical professionals, clinical nutrition specialists and students, continuing a six-year professional relationship between the Hospital and IUH's Department of Nutrition and Food Science. Participants gained access to professional information on balanced dietary patterns, healthy food choices and nutrition considerations for chronic conditions. This knowledge provided patients and family members with a better basis for discussing dietary adjustments with healthcare professionals and supporting healthier household meal planning. IUH students also gained practical exposure to patient education and clinical nutrition communication. The programme strengthened community nutrition awareness and preventive health education, contributing to SDG 3.

Industrial University of Ho Chi Minh City

NHÓM 3.3 – COLLABORATIONS AND HEALTH SERVICES

SDG 03 GOOD HEALTH AND WELL-BEING

3.3.2 Health outreach programmes

Các chương trình chăm sóc và nâng cao sức khỏe cộng đồng.

EVIDENCE OF ACTIVITIES



4

Article Title

More Than 500 IUH Volunteers Leave Lasting Contributions During the 2025 Green Summer Campaign

Article link

https://iuh.edu.vn/vi/sinh-vien-tinh-nguyen/500-chien-si-tinh-nguyen-iuh-de-lai-nhieu-dau-an-trong-chien-dich-mua-he-xanh-2025-1999.html

Activity description *(under 200 words)*

From 1 June to 30 July 2025, Industrial University of Ho Chi Minh City (IUH) mobilised more than 500 student volunteers across eight specialised teams for its Green Summer Campaign in Ho Chi Minh City and the Mekong Delta. Volunteers implemented community projects focused on improving local infrastructure, public spaces and living environments, alongside assistance for disadvantaged households and young people. These activities provided practical support to local communities and contributed to cleaner, greener and more organised neighbourhoods. Improvements to shared spaces can create more pleasant environments for daily activities, while assistance to disadvantaged households helps address practical challenges associated with living conditions. Through these initiatives, IUH promoted community participation and environmental conditions supportive of well-being, contributing to SDG 3.

Industrial University of Ho Chi Minh City

NHÓM 3.3 – COLLABORATIONS AND HEALTH SERVICES

SDG 03 GOOD HEALTH AND WELL-BEING

3.3.3 Shared sports facilities

Chia sẻ cơ sở vật chất thể dục thể thao với cộng đồng.

ACTION PLAN

Strategic Thrust	Integrated KPIs / PIs	Implementation Activities	Expected Outcomes	Implementing Units	Implementation Timeline
Thrust 3: Modern infrastructure & Student experience	Upgrading sports infrastructure; Optimizing facility utilization efficiency	Promulgate regulations on managing, operating, and opening campus sports facilities (multi-purpose gymnasium, volleyball, basketball, and badminton courts) for complimentary use by local communities and students	Board of Rectors' regulation on sports facility sharing mechanisms; Public community access schedules posted on the university website	Office of Facilities Management	Q1/2025
Thrust 2: Promoting community engagement and service	Coordinating with local authorities and schools to host physical education activities	Collaborate with the Go Vap District Youth Union and neighboring high schools to provide complimentary venue access for student sports tournaments and youth athletic games	Official approvals granting complimentary sports venue access; Joint tournament organizing plans; Photographic evidence of local youth practicing sports at IUH	Youth Union, Office of Facilities Management	Q2 & Q3/2025
Thrust 3: Modern infrastructure & Student experience	Maintaining and servicing sports equipment to ensure user safety	Establish periodic maintenance schedules for sports flooring, lighting systems, safety nets, and equip athletic zones with first-aid cabinets	Sports facility maintenance acceptance minutes; Inventory lists of injury first-aid equipment stationed at athletic zones	Office of Facilities Management, Office of Political and Student Affairs	Beginning of each semester in 2025

Industrial University of Ho Chi Minh City

NHÓM 3.3 – COLLABORATIONS AND HEALTH SERVICES

SDG 03 GOOD HEALTH AND WELL-BEING

3.3.3 Shared sports facilities

Chia sẻ cơ sở vật chất thể dục thể thao với cộng đồng.

EVIDENCE OF ACTIVITIES



Article Title 1

IUH Shares Sports Facilities with Local Schools and Community Groups

Article link

https://www.facebook.com/share/p/1ECeUEx8nG/

Activity description *(under 200 words)*

In 2025, Industrial University of Ho Chi Minh City (IUH) continued sharing its sports facilities with neighbouring schools and community groups in Go Vap. The University provided access to football grounds, indoor sports spaces and recreational areas for activities including football, basketball, badminton and table tennis, with free or subsidised venue access depending on the activity. This practice gave schoolchildren and local residents additional places to exercise, develop teamwork and build social connections, while reducing venue-cost barriers for community organisers. By extending the use of university facilities beyond campus, IUH supported wider participation in physical activity and healthier community lifestyles, contributing to SDG 3.



Article Title 2

IUH's Sports Venue Arrangements for Physical Education and National Defence Training

Article link

https://www.facebook.com/share/p/1ECeUEx8nG/

Activity description *(under 200 words)*

Industrial University of Ho Chi Minh City (IUH) funded the rental of external sports venues for University-organised physical education, national defence and security education, and relevant sporting activities in 2025. The Center for National Defence and Physical Education managed the venue-rental arrangements each semester, enabling students to access the required training spaces without individually paying venue fees. This financial support helped remove cost barriers to participation and provided facilities for practical learning, physical training, fitness development and teamwork. By investing in the facilities needed for organised exercise and education, IUH supported students' physical development and well-being, contributing to SDG 3.



Article Title 3

IUH Provides Gym and Sports Facilities to Encourage Students' Physical Activity

Article link

https://www.facebook.com/share/p/19qXU2kX4K/

Activity description *(under 200 words)*

In 2025, Industrial University of Ho Chi Minh City (IUH) maintained gym and sports spaces to support students' regular physical activity beyond compulsory classes. The University's facilities included a gym and sports grounds, while the Quang Ngai Campus provided volleyball, badminton and table tennis spaces. These facilities gave students opportunities to exercise, develop physical strength, practise sports and connect with peers outside the classroom. By providing spaces for both fitness training and recreational sport, IUH encouraged students to incorporate physical activity into everyday university life and supported healthier lifestyles, contributing to SDG 3.

Industrial University of Ho Chi Minh City

NHÓM 3.3 – COLLABORATIONS AND HEALTH SERVICES

SDG 03 GOOD HEALTH AND WELL-BEING

3.3.3 Shared sports facilities

Chia sẻ cơ sở vật chất thể dục thể thao với cộng đồng.

EVIDENCE OF ACTIVITIES



4

Article Title

Closing Ceremony of the 2025 Sports Festival of Industrial University of Ho Chi Minh City

Article link

https://iuh.edu.vn/vi/tin-tuc/be-mac-hoi-thao-dai-hoc-cong-nghiep-tp-ho-chi-minh-nam-2025-1945.html

Activity description *(under 200 words)*

From March to May 2025, Industrial University of Ho Chi Minh City (IUH) organised its annual Sports Festival for students and employees, concluding on 9 May. The event involved more than 1,400 athletes: over 1,000 students competing in seven sports and more than 400 staff members and employees in nine sports. IUH presented 79 awards to recognise individual and team achievements and covered venue-rental costs for its organised sporting activities. The festival provided opportunities for students and employees to exercise, develop teamwork and build connections across the University, while reducing financial barriers to participation. It promoted an active campus culture and contributed to SDG 3.

Industrial University of Ho Chi Minh City

NHÓM 3.3 – COLLABORATIONS AND HEALTH SERVICES

SDG 03 GOOD HEALTH AND WELL-BEING

3.3.4 Free sexual health care for students

Dịch vụ chăm sóc sức khỏe tình dục và sinh sản miễn phí cho sinh viên.

ACTION PLAN

Strategic Thrust	Integrated KPIs / PIs	Implementation Activities	Expected Outcomes	Implementing Units	Implementation Timeline
Thrust 3: Modern infrastructure & Student experience	Enhancing campus medical service quality; Expanding student healthcare amenities	The University Health Station operates a dedicated counseling room providing complimentary reproductive healthcare consultations, educational materials, and safe contraceptives for students	Reproductive health counseling logbooks; Statistical reports on student participations receiving free medical consultations; Database of distributed educational materials	Office of Political and Student Affairs	Full year 2025
Thrust 2 & Thrust 3: Community engagement & Student life	Vibrant extracurricular activities; Life skills education for students	Organize a quarterly thematic seminar series on 'Reproductive Health and Safe Sex Counseling for Students', inviting obstetrics/gynecology and andrology specialists for direct consultation	Program plans; Event announcements; Student registration lists; Publicly published summary articles and photos on the university portal	Youth Union, IUH Trade Union, Center for Information and Communication	Quarterly in 2025
Thrust 2: Promoting community engagement and service	Partnering with preventive health centers and social organizations	Collaborate with the Ho Chi Minh City Center for Disease Control (HCDC) to host voluntary, confidential, and complimentary HIV/STDs screening and counseling days for students	Joint implementation plans with HCDC; Summary reports on screening and counseling events; Media articles raising youth health protection awareness	Office of Political and Student Affairs, Youth Union, Center for Information and Communication	Q2 & Q4/2025

Industrial University of Ho Chi Minh City

NHÓM 3.3 – COLLABORATIONS AND HEALTH SERVICES

SDG 03 GOOD HEALTH AND WELL-BEING

3.3.4 Free sexual health care for students

Dịch vụ chăm sóc sức khỏe tình dục và sinh sản miễn phí cho sinh viên.

EVIDENCE OF ACTIVITIES



1

Article Title

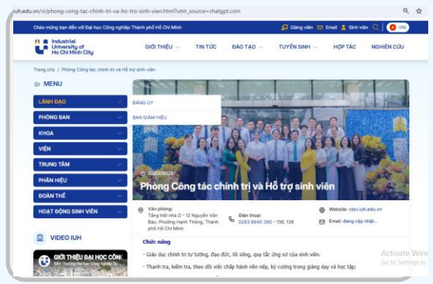
Health Consultation Programme for Female Students 2025

Article link

https://fet.iuh.edu.vn/news.html@detail@279@949@Chuong-trinh-tu-van-suc-khoe-cho-nu-sinh-nam-2025

Activity description *(under 200 words)*

From 20 to 22 October 2025, Industrial University of Ho Chi Minh City (IUH), through its Youth Union and Student Association, organised the 2025 Health Consultation Programme for female students from Cohort 21. Held at Hall A7, the three-day programme allowed students to register for one suitable session and participate free of charge. It focused on sexual and reproductive health knowledge and self-care skills, with participation recognised through two student conduct points. The programme gave female students an accessible opportunity to obtain health information in an educational setting, strengthen their awareness of personal health needs and develop more informed self-care practices. By providing regular health education without participation fees, IUH helped reduce barriers to essential health information and promoted preventive health awareness among students, contributing to SDG 3.



2

Article Title

Office of Political Affairs and Student Support – Student Healthcare and Counselling Services

Article link

https://iuh.edu.vn/vi/phong-cong-tac-chinh-tri-va-ho-tro-sinh-vien.html

Activity description *(under 200 words)*

In 2025, Industrial University of Ho Chi Minh City (IUH), through its Office of Political Affairs and Student Support and campus healthcare personnel, continued providing initial healthcare, health guidance and counselling as part of its student-support services. The University's responsibilities include offering initial assistance and guidance on students' psychological and physiological development, personal relationships and other concerns affecting their university experience, as well as directing students to appropriate healthcare providers when specialised attention is needed. These services give students an accessible point of contact for initial information and support without a separate consultation fee. Student satisfaction survey results indicated that over 90% of respondents were satisfied with IUH's student support services and healthcare policies. Together, these arrangements support students' physical and psychological well-being, encourage them to seek assistance when needed and contribute to a more supportive university environment, advancing SDG 3.



3

Article Title

IUH Accompanies Students in Caring for Their Mental and Reproductive Health

Article link

https://ctsv.iuh.edu.vn/news.html@detail@217@614@IUH-dong-hanh-cung-sinh-vien-cham-soc-suc-khoe-tinh-than-va-suc-khoe-sinh-san

Activity description *(under 200 words)*

ndustrial University of Ho Chi Minh City (IUH), through its Student Counselling Team under the Office of Political Affairs and Student Support, provides students with access to guidance on mental and reproductive health, personal relationships and matters affecting their safety and well-being. The counselling scope includes sexual and reproductive health information, contraception, prevention of unintended pregnancy and sexually transmitted infections, consent, personal boundaries and healthy relationships. Students can also seek initial guidance about sensitive personal experiences and be directed to appropriate professional services when specialised clinical support is required. By emphasising privacy, confidentiality and respectful communication, the service provides a supportive channel for students to discuss personal concerns and access reliable information without judgement. Alongside broader health education programmes, this dedicated counselling pathway supports informed decisions, safer relationships and timely help-seeking, contributing to students' well-being and SDG 3.

Industrial University of Ho Chi Minh City

NHÓM 3.3 – COLLABORATIONS AND HEALTH SERVICES

SDG 03 GOOD HEALTH AND WELL-BEING

3.3.5 Mental health support for students

Hỗ trợ sức khỏe tinh thần cho sinh viên.

ACTION PLAN

Strategic Thrust	Integrated KPIs / PIs	Implementation Activities	Expected Outcomes	Implementing Units	Implementation Timeline
Thrust 3: Modern infrastructure & Student experience	Enhancing student consultancy and support services; Student satisfaction	Operate the permanent Student Psychological Counseling Office staffed with professional psychologists offering complimentary in-person and online consultations with strict confidentiality	Operating regulations of the Psychological Counseling Office; Tracking logs and reports on the number of students receiving psychological intervention and academic stress relief	Office of Political and Student Affairs	Full year 2025
Thrust 1 & Thrust 3: Pioneering education & Student life	Co-curricular activities equipping adaptive skills; Stress reduction	Organize a thematic workshop series on 'Mental Health Care: Stress Management, Overcoming Exam Psychological Crises, and Preventing Burnout'	Organizing plans; Stress-relief instructional materials; Student attendance lists; Publicly published articles on the university website	Office of Political and Student Affairs, Center for Information and Communication	April & November 2025
Thrust 3: Modern infrastructure & Student experience	Developing IT platforms to support student well-being	Integrate periodic psychological health screening forms (DASS-21 scale) into the Student App and Academic Portal to automatically guide distressed students toward professional counseling	Online mental health screening system; Analytical reports on student anxiety and depression levels by cohort for timely intervention	Center for System Administration, Office of Political and Student Affairs	Q1 – Q4/2025

Industrial University of Ho Chi Minh City

NHÓM 3.3 – COLLABORATIONS AND HEALTH SERVICES

SDG 03 GOOD HEALTH AND WELL-BEING

3.3.5 Mental health support for students

Hỗ trợ sức khỏe tinh thần cho sinh viên.

EVIDENCE OF ACTIVITIES



Article Title 1

Office of Political Affairs and Student Support

Article link

https://iuh.edu.vn/en/phong-cong-tac-chinh-tri-va-ho-tro-sinh-vien.html

Activity description *(under 200 words)*

Industrial University of Ho Chi Minh City (IUH), through its Office of Political Affairs and Student Support, provides psychological, emotional, academic and personal counselling to students. The service helps students address challenges related to university adjustment, academic pressure, interpersonal conflicts, family matters and personal relationships. Students can seek guidance online or through the Office, which is located on the ground floor of Building D. The University's published responsibilities also include helping students analyse difficulties, consider possible solutions and develop appropriate responses to personal and academic concerns. Where specialised assistance is needed, students can be guided towards relevant external services. By providing an identifiable channel for confidential and respectful support, IUH encourages students to seek guidance when facing difficulties and strengthens the University's support for their psychological well-being and personal development, contributing to SDG 3.



Article Title 2

Mental Health Education Session – Knowledge Connection: Building Asian Youth Communities for Sustainable Development Project

Article link

https://smia.iuh.edu.vn/news.html@detail@217@1079@CHUYEN-DE-8-%E2%80%93-DU-AN-%E2%80%9CKET-NOI-TRI-THUC-XAY-DUNG-CONG-DONG-THANH-NIEN-CHAU-A-HUONG-PHAT-TRIEN-BEN-VUNG%E2%80%9D

Activity description *(under 200 words)*

In 2025, Industrial University of Ho Chi Minh City (IUH), through its Office of Science Management and International Cooperation and the Faculty of Business Administration, organised a mental health education session under the Knowledge Connection – Building Asian Youth Communities for Sustainable Development Project, Season 2, supported by the Eurasia Foundation (from Asia). The session, titled “Time to Care for the Mind – Developing Mental Health”, was scheduled for 8 August 2025 at Hall E4 and brought together students, lecturers, researchers and postgraduate learners with Prof. Myong Chung Tai from Sungkyunkwan University, South Korea. The initiative aimed to raise awareness of mental well-being and encourage emotional self-care in academic and professional life. By connecting the university community with international academic perspectives on mental health, IUH promoted greater self-awareness, attention to emotional well-being and a supportive learning environment, contributing to SDG 3.



Article Title 3

Welcoming Cohort 21: An Exciting Student Orientation Week for New Students at IUH

Article link

https://iuh.edu.vn/vi/kham-pha-iuh/chao-k21-soi-dong-tuan-sinh-hoat-cong-dan-tan-sinh-vien-tai-iuh-2032.html

Activity description *(under 200 words)*

From 3 to 15 September 2025, Industrial University of Ho Chi Minh City (IUH) organised Citizenship and Student Orientation Week for Cohort 21, introducing newly admitted students to university life and available support resources. Sessions were held at Halls E4 and A7 and across faculties and institutes, with additional online activities. The programme covered academic regulations, student rights and responsibilities, scholarships, library resources, healthcare services, student organisations and official communication channels. Students also attended sessions on soft skills, research methods and career orientation, with contributions from domestic and international experts. These activities helped first-year students become familiar with university procedures, identify sources of academic and personal support, and connect with lecturers and peers. By reducing uncertainty during the transition to higher education and encouraging a sense of belonging, IUH supported students’ confidence, adaptability and overall well-being, contributing to SDG 3.

Industrial University of Ho Chi Minh City

NHÓM 3.3 – COLLABORATIONS AND HEALTH SERVICES

SDG 03
GOOD HEALTH AND WELL-BEING

3.3.6 Smoke-free policy

Chính sách xây dựng môi trường không khói thuốc.

ACTION PLAN

Strategic Thrust	Integrated KPIs / PIs	Implementation Activities	Expected Outcomes	Implementing Units	Implementation Timeline
Thrust 3: Modern infrastructure & Student experience	Building Green Campus; Promoting a clean, safe working and learning environment	Review, update, and promulgate the Rector's Decision on 'Regulations for Building a Smoke-Free Campus Environment at IUH' (strictly prohibiting both traditional cigarettes and e-cigarettes)	Decision promulgating the Smoke-Free Campus Regulations reviewed/signed within the 2021–2025 period; Publicly disclosed on the university website	Office of Organization and Administration, Office of Testing and Quality Assurance	Q1/2025
Thrust 3: Modern infrastructure & Student experience	5S Standard assessment; Visual infrastructure equipping	Install visual 'No Smoking' signage across 100% of lecture halls, corridors, restrooms, canteens, dormitories, and outdoor campus spaces	Signage installation acceptance reports; Photographic documentation of No Smoking signs across buildings at the main campus and branch campuses	Office of Facilities Management, Office of Dormitory Management	Q1 – Q2/2025
Thrust 1 & Thrust 2: Student education & Community engagement	Strengthening ideological and civic education; Campus discipline enforcement	Incorporate non-smoking compliance into the Student Conduct Assessment Regulations; deploy student monitoring teams and security guards to patrol and strictly penalize violations	Student conduct assessment criteria; Warning and disciplinary records for violations; Media bulletins commemorating World No Tobacco Day (May 31)	Office of Political and Student Affairs, Youth Union, Office of Dormitory Management	Full year 2025

Industrial University of Ho Chi Minh City

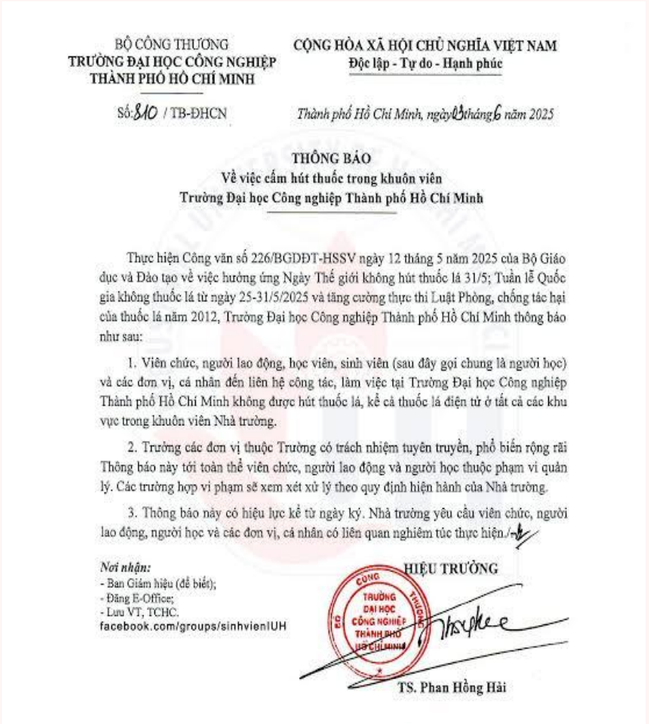
NHÓM 3.3 – COLLABORATIONS AND HEALTH SERVICES

SDG 03 GOOD HEALTH AND WELL-BEING

3.3.6 Smoke-free policy

Chính sách xây dựng môi trường không khói thuốc.

EVIDENCE OF ACTIVITIES



BỘ CÔNG THƯƠNG
TRƯỜNG ĐẠI HỌC CÔNG NGHIỆP THÀNH PHỐ HỒ CHÍ MINH

Số: 810 / TB-ĐHCN

CỘNG HÒA XÃ HỘI CHỦ NGHĨA VIỆT NAM
Độc lập - Tự do - Hạnh phúc

Thành phố Hồ Chí Minh, ngày 03 tháng 6 năm 2025

THÔNG BÁO
Về việc cấm hút thuốc trong khuôn viên Trường Đại học Công nghiệp Thành phố Hồ Chí Minh

Thực hiện Công văn số 226/BGDĐT-HSSV ngày 12 tháng 5 năm 2025 của Bộ Giáo dục và Đào tạo về việc hưởng ứng Ngày Thế giới không hút thuốc lá 31/5; Tuần lễ Quốc gia không thuốc lá từ ngày 25-31/5/2025 và tăng cường thực thi Luật Phòng, chống tác hại của thuốc lá năm 2012, Trường Đại học Công nghiệp Thành phố Hồ Chí Minh thông báo như sau:

1. Viên chức, người lao động, học viên, sinh viên (sau đây gọi chung là người học) và các đơn vị, cá nhân đến liên hệ công tác, làm việc tại Trường Đại học Công nghiệp Thành phố Hồ Chí Minh không được hút thuốc lá, kể cả thuốc lá điện tử ở tất cả các khu vực trong khuôn viên Nhà trường.

2. Trưởng các đơn vị thuộc Trường có trách nhiệm tuyên truyền, phổ biến rộng rãi Thông báo này tới toàn thể viên chức, người lao động và người học thuộc phạm vi quản lý. Các trường hợp vi phạm sẽ xem xét xử lý theo quy định hiện hành của Nhà trường.

3. Thông báo này có hiệu lực kể từ ngày ký. Nhà trường yêu cầu viên chức, người lao động, người học và các đơn vị, cá nhân có liên quan nghiêm túc thực hiện./.

Nơi nhận:
- Ban Giám hiệu (để biết);
- Đăng E-Office;
- Lưu VT, TCHC.

facebook.com/groups/sinhvienIUH

HIỆU TRƯỞNG

TRƯỜNG ĐẠI HỌC CÔNG NGHIỆP THÀNH PHỐ HỒ CHÍ MINH

TS. Phan Hồng Hải

1

Article Title

Notice on the Prohibition of Smoking within the Campus of Industrial University of Ho Chi Minh City

Article link

https://ctsv.iuh.edu.vn/news.html@detail@150@596@Thong-bao-ve-viec-cam-hut-thuoc-trong-khuon-vien-Truong-Dai-hoc-Dai-hoc-Cong-nghiep-TP.HCM.

Activity description *(under 200 words)*

On 3 June 2025, Industrial University of Ho Chi Minh City (IUH) issued Official Notice No. 810/TB-ĐHCN, signed by the Rector, prohibiting conventional and electronic cigarette use throughout the University campus. The regulation applies to all campus areas and covers lecturers, employees, students, postgraduate learners, visitors and external organisations participating in activities at IUH. Effective immediately upon signing, the Notice establishes a consistent smoke-free requirement across classrooms, offices, corridors and shared facilities. By explicitly including electronic cigarettes, IUH extends its tobacco-control policy to emerging smoking products and reinforces health-conscious standards for the entire university community. The regulation provides a formal basis for protecting students, staff and visitors from involuntary exposure to tobacco smoke and electronic cigarette aerosol, while encouraging respect for shared spaces and healthier campus behaviour, contributing to SDG 3.

Industrial University of Ho Chi Minh City

NHÓM 3.3 – COLLABORATIONS AND HEALTH SERVICES

SDG 03
GOOD HEALTH AND WELL-BEING

3.3.7 Mental health support for staff

Hỗ trợ sức khỏe tinh thần cho đội ngũ giảng viên, viên chức và người lao động.

ACTION PLAN

Strategic Thrust	Integrated KPIs / PIs	Implementation Activities	Expected Outcomes	Implementing Units	Implementation Timeline
Thrust 4: Attracting, developing, and retaining human resources	Enhancing workplace environment quality; Staff morale satisfaction index (% satisfaction indexes)	Promulgate an Employee Assistance Program (EAP), establishing confidential psychological counseling and occupational stress-relief channels for faculty and staff	Faculty and staff mental healthcare plan; Confidential logbooks recording periodic psychological counseling and support activities for employees	Office of Organization and Administration, Office of Political and Student Affairs	Q1 – Q4/2025
Thrust 4: Attracting, developing, and retaining human resources	Developing faculty and support staff competencies; Fostering a supportive workplace	Organize professional training workshops on 'Work-Life Balance, Emotional Regulation, and Prevention of Occupational Stress and Depression for Faculty and Staff'	Training plans; Workshop materials; Attendance lists of participating faculty and staff; Post-training participant satisfaction evaluations	Office of Organization and Administration, Office of Political and Student Affairs	Q2 & Q4/2025
Thrust 4: Attracting, developing, and retaining human resources	Enhancing annual welfare; Sports and cultural activities for workforce rejuvenation	Organize periodic Faculty and Staff Sports Festivals, maintain yoga, badminton, and table tennis clubs, and host cultural arts festivals to enrich employees' mental well-being	Staff Sports Festival organizing plans; List of active sports clubs; Publicly published photos and articles on the Trade Union website	IUH Trade Union, Center for Information and Communication	Q1 – Q4/2025

Industrial University of Ho Chi Minh City

NHÓM 3.3 – COLLABORATIONS AND HEALTH SERVICES

SDG 03 GOOD HEALTH AND WELL-BEING

3.3.7 Mental health support for staff

Hỗ trợ sức khỏe tinh thần cho đội ngũ giảng viên, viên chức và người lao động.

EVIDENCE OF ACTIVITIES



Article Title 1

2025 University Conference for Public Employees and Workers of Industrial University of Ho Chi Minh City

Article link

https://qn.iuh.edu.vn/tin-tuc-su-kien/hoi-nghi-vien-chuc-nguoi-lao-dong-dai-hoc-cong-nghiep-tp-hcm-nam-2025/

Activity description *(under 200 words)*

In 2025, Industrial University of Ho Chi Minh City (IUH), through its Trade Union, continued representing employees and supporting their legitimate rights and interests through workplace consultation and dialogue. The 2025 University Conference for Public Employees and Workers brought together more than 249 representatives, alongside university leaders and Trade Union representatives. Preparatory conferences were also held across university units from 30 December 2024 to 6 January 2025, allowing employees to review institutional activities, discuss working conditions and contribute suggestions. These mechanisms provided structured opportunities for lecturers and staff to express concerns, participate in workplace discussions and contribute to decisions affecting their professional environment. By strengthening employee representation, communication and participation, IUH promoted mutual understanding, workplace respect and a more supportive organisational culture, contributing to SDG 3.



Article Title 2

November Highlights at IUH: Honouring Teachers and Presenting Numerous Awards for Staff Activities

Article link

https://iuh.edu.vn/vi/tin-tuc/be-mac-hoi-thao-dai-hoc-cong-nghiep-tp-ho-chi-minh-nam-2025-1945.html

Activity description *(under 200 words)*

In 2025, IUH organised university-wide sports and cultural activities to promote employee well-being, recreation and social connections. The University Sports Festival attracted more than 400 lecturers and staff members competing in nine sports, providing opportunities for physical activity and friendly interaction across departments. IUH also organised its Cultural Performance Festival for Public Employees and Workers, involving more than 40 units. At the November award ceremony, the Trade Union recognised outstanding performances with 55 collective and 15 individual awards, supported by VND 55.3 million in approved prize funding. These activities encouraged employees to maintain active lifestyles, express creativity and build relationships with colleagues beyond their daily professional responsibilities. By providing opportunities for recreation, teamwork and shared achievement, IUH strengthened workplace connections and supported employees' physical and emotional well-being, contributing to SDG 3.



Article Title 3

Quang Ngai Campus Awards Nguyen Duc Canh Scholarships for the 2024–2025 Academic Year

Article link

https://qn.iuh.edu.vn/tin-tuc-su-kien/phan-hieu-quang-ngai-trao-thuong-hoc-bong-nguyen-duc-canh-nam-hoc-2024-2025/

Activity description *(under 200 words)*

In 2025, IUH supported employee and family well-being through Trade Union welfare programmes, scholarships and healthcare activities. The Nguyen Duc Canh Scholarship programme for the 2024–2025 academic year provided more than 1,000 scholarships to employees' children, including 69 recipients recognised at the Quang Ngai Campus award ceremony on 2 August 2025. In October, IUH's Trade Union collaborated with Military Hospital 175 to organise periodic health examinations for employees at the Quang Ngai Campus, including sample collection, medical examinations and consultations conducted in stages. These initiatives recognised employees' family responsibilities while providing opportunities to access professional health information and medical advice. By combining family-oriented assistance with workplace healthcare, IUH addressed important aspects of employees' lives beyond their professional duties and contributed to a more supportive working environment and SDG 3.

Industrial University of Ho Chi Minh City

NHÓM 3.3 – COLLABORATIONS AND HEALTH SERVICES

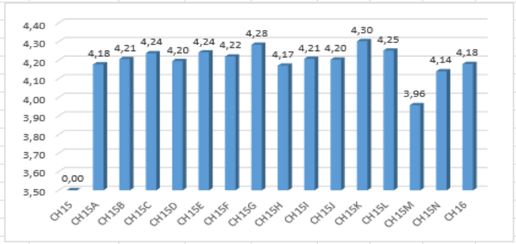
SDG 03 GOOD HEALTH AND WELL-BEING

3.3.7 Mental health support for staff

Hỗ trợ sức khỏe tinh thần cho đội ngũ giảng viên, viên chức và người lao động.

EVIDENCE OF ACTIVITIES

CH15J	Office of Facilities Management	2,59	1,19	3,56	58,58	33,98	4,20
CH15K	Faculty Academic Affairs Office	3,24	0,43	2,80	49,84	43,58	4,30
CH15L	Library Center	2,48	0,22	2,48	59,22	35,49	4,25
CH15M	Staff Canteen	2,70	3,56	11,00	60,63	22,01	3,96
CH15N	Publishing House	2,37	0,32	5,07	65,26	26,86	4,14
CH16	Trade union activities contribute to the well-being and morale of faculty and staff.	2,70	0,43	5,61	58,68	32,47	4,18



Article Title

4

IUH Staff Satisfaction Survey on Trade Union Contributions to Employee Well-being and Morale

Article link

https://tqa.iuh.edu.vn/sdgs-article-2/iuh-promotes-staff-mental-well-being-through-trade-union-support-workplace-care-and-community-engagement/

Activity description *(under 200 words)*

In 2025, Industrial University of Ho Chi Minh City (IUH) assessed employee perceptions of Trade Union activities through its staff satisfaction survey. The results showed that 91.15% of surveyed respondents gave positive evaluations of the statement: “Trade union activities contribute to the well-being and morale of faculty and staff.” This feedback provides direct evidence of how employees perceive the contribution of Trade Union initiatives to their workplace experience. Activities such as staff representation, sports and cultural programmes, healthcare support and family-oriented welfare create opportunities for participation, recreation, recognition and social connection. The positive survey result indicates that respondents value the role of these activities in supporting staff morale and well-being. By collecting beneficiary feedback, IUH can better understand employee needs and continue developing a workplace environment that values participation, welfare and personal well-being, contributing to SDG 3.

Industrial University of Ho Chi Minh City

IMPLEMENTATION RESULTS

OPERATIONAL EXECUTION IN VERIFIED DATA YEAR 2024–2025

SDG 03
GOOD HEALTH AND WELL-BEING

1. HEALTH TRAINING & HOSPITAL ALLIANCES

• **Health Professions Graduates (3.2.1 - 34.6%):**
- Audited Data 2025: 928 graduates in Health Professions out of 9,007 total university graduates.
- Expanded clinical training networks across major provincial and national hospitals.

• **Multi-Tier Healthcare Collaborations (3.3.1):**
- Maintained comprehensive partnership with Military Hospital 175, providing on-campus clinical checkups for students and staff at main campus and Quang Ngai branch.
- Partnered with Gia Dinh People's Hospital and UMC HCMC on hospital clinical nutrition programs.

2. COMMUNITY HEALTH & SPORTS SHARING

• **Public Health Outreach Programs (3.3.2):**
- Delivered school nutrition education combating obesity and stunting at Le Van Tho Primary School (Dec 15, 2025; 3 lecturers + 14 students).
- World Kidney Day 2025 outreach at UMC HCMC and Gia Dinh Hospital.
- >500 Green Summer volunteers deployed for rural health and hygiene support.

• **Shared Sports Infrastructure (3.3.3):**
- Opened football grounds, indoor stadiums, and gym spaces free of charge to local schools and neighborhood youth.
- Funded 100% of external sports venue rentals for student physical education; operated modern on-campus gymnasiums.
- Annual Sports Festival 2025: >1,400 athletes (>1,000 students in 7 sports, >400 staff in 9 sports), awarding 79 prizes.

3. REPRODUCTIVE, MENTAL & SMOKE-FREE 5S

• **Reproductive & Mental Health (3.3.4 & 3.3.5):**
- Female Health Consultation Series 2025 (Oct 20-22, 2025, Hall A7) free of charge with 2 conduct points.
- Building D Counseling Suite provided confidential psychological support; hosted international seminar with Prof. Myong Chung Tai (Sungkyunkwan Univ).
- Freshmen Orientation Week for Cohort 21 focused on psychological adaptation.

• **Smoke-Free Campus Mandate (3.3.6 - 9.6%):**
- Notice No. 810/TB-ĐHCN enacted June 3, 2025 strictly bans conventional tobacco and electronic vaping products across 100% of campus premises.

• **Faculty & Staff Morale (3.3.7):**
- Staff conference (249 delegates); Cultural Arts Festival (40 units, 55 awards); >1,000 Nguyen Duc Canh scholarships; 91.15% staff satisfaction.

Industrial University of Ho Chi Minh City

PERFORMANCE BENCHMARKING

Benchmarking Results Against THE Impact Ratings 2026

SDG 03 GOOD HEALTH AND WELL-BEING

Indicator Category	Previous Cycle (THE 2026)	Current Audit (THE 2027)	Strategic Evolution & Outlook
Metric 3.2 Health Graduates (34.6% Weight)	Pharmacy graduate headcount lacked complete trilateral reconciliation under ISCED codes.	Audited headcount: 928 health graduates out of 9,007 total graduates; clinical hospital network expanded.	Stable baseline; requires expanding postgraduate health programs and clinical certifications.
Healthcare Services (3.3.1, 3.3.2, 3.3.3) (14.4% Weight)	Hospital 175 collaboration focused primarily on internal staff checks; limited clinical nutrition outreach.	Trilateral hospital network (175, Gia Dinh, UMC); primary school nutrition outreach; public sports sharing.	Substantial Score Uplift: Rich public evidence reflecting direct local community engagement.
Reproductive & Mental (3.3.4, 3.3.5, 3.3.7) (14.4% Weight)	Lacked formal staff satisfaction metrics and international mental health symposia.	Dedicated female health clinic series (100% free); Eurasia Foundation symposium; 91.15% staff satisfaction.	Comprehensive Breakthrough: Self-contained evidence securing maximum points for free, confidential services.
Smoke-Free Campus (Metric 3.3.6 - 9.6%)	Regulated via general labor codes; lacked specific prohibition against electronic vaping.	Notice No. 810/TB-ĐHCN enacted June 3, 2025 strictly bans both traditional tobacco and e-cigarettes.	Maximum Points: Official presidential policy enacted within 2021-2025 with universal campus coverage.

Industrial University of Ho Chi Minh City

STRATEGIC PLAN FOR THE COMING YEAR

SDG 03
GOOD HEALTH AND WELL-BEING

Four High-Impact Action Pillars to Consolidate SDG 3 as IUH's Foremost Scoring Pillar

1. EXPANDING HEALTH SCIENCES ACADEMIC CAPACITY

- Expand enrolment quotas and introduce specialized tracks in Clinical Pharmacy, Medical Laboratory Technology, and Community Nutrition.
- Formalize academic and clinical rotation agreements with Cho Ray Hospital, Thong Nhat Hospital, and international pharmaceutical corporations.
- Align capstone graduation theses with practical biomedical challenges and natural herbal medicine formulation.
- Standardize graduate databases strictly under ISCED codes for audit compliance.

2. MODERNIZING MEDICAL CLINICS & DIGITAL MENTAL HEALTH

- Modernize campus medical equipment and establish Electronic Health Records (E-Health Record) across 100% of staff and students.
- Embed periodic mental health screening tools (DASS-21) into the Student App, generating automated counseling referrals for individuals experiencing distress.
- Maintain dedicated, confidential psychological consultation suites at Building D operating year-round.
- Deploy the dedicated bilingual web portal 'IUH Health & Well-being Hub' on tqa.iuh.edu.vn.

3. ENFORCING SMOKE-FREE CAMPUS MANDATES

- Rigorously enforce Notice No. 810/TB-ĐHCN, integrating tobacco-free compliance into student conduct scoring and annual faculty KPI evaluations.
- Mobilize student red-flag monitoring teams and dormitory self-governance patrols to eradicate electronic cigarette use.
- Execute high-profile communication campaigns commemorating World No Tobacco Day (May 31).
- Install additional bilingual visual warning plaques across campus buildings.

4. SCALING COMMUNITY HEALTH OUTREACH & RESEARCH

- Partner with the Ho Chi Minh City Department of Health to institutionalize annual 'Community Family Health and School Nutrition Fairs'.
- Continue offering free community access to campus sports complexes for local youth and neighborhood residents.
- Accelerate scholarly research on indigenous medicinal herbs and pharmaceutical biotechnology, targeting high-impact Scopus Q1/Q2 publications.
- Organize periodic athletic games and cultural festivals to enhance staff well-being and productivity.